

College Panel Questions

1. Where do you go to school, what is your major, and why did you select this college?
2. What advice do you have for students for finding the right fit for college?
3. How do (did) you study/practice your sport in college and how does (did) this compare to high school?
 - a. location, amount of time, methods of studying/practicing
4. How are you assessed in your classes?
 - a. multiple choice exams, essays, projects, presentations, other
5. In hindsight, what were you stressed about in high school that you now see as being silly or a waste of time?
6. What has been your biggest challenge to adjusting to college life and increased independence?
7. What is something you have discovered about your professors/coaches in college that you might share with high school students?
8. Any general advice (for the rest of high school, applying to college, transitioning to college, selecting a career)?
9. What is something you would encourage students to appreciate as they are in their last year of high school that they might miss in the future?

College Panel Moderator Instructions

1. **Overview and Audience Expectations:** Begin the panel by introducing the class to the overview of the day.
 - a. **Facilitate:** Explain that you will be facilitating a College Panel of Former Alumni that will last all period.
 - b. **Explain Audience Expectations:** Give expectations for the day:
 - i. Put away cell phones and all technology.
 - ii. Pay attention.
 - iii. Be respectful.
 - iv. Listen to the responses until there is time for questions at the end.
 1. Write a question you have at any point during the panel on the Post-it notes provided. They will be collected in the last ten minutes of class.
2. **Managing the Panel:**
 - a. **Introduce Questions:** Read each of the provided questions.
 - b. **Maintain Equity of Speaking Time:** Make sure no one voice dominates the panel. Each question should be answered by some or all participants within 5 minutes. This would allow for a little over a minute per person. If you notice that one person's answer is taking too long, politely thank them for their response, and move onto another participant or question.
 - c. **Keep the Discussion Going:** Add follow-up questions if necessary, but try to make it through most of the questions provided.
 - d. **Pose Audience Questions:** When 40 minutes of time has passed, end the panelists' responses, and then go through specific questions on sticky notes for the panel to answer from the audience.
 - e. **Thank the Panel:** The last minute of class, thank the panelists for their participation and have the class give a round of applause to the panel.